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# **Optical Proxies for Terrestrial Dissolved Organic Matter in Estuaries and Coastal Waters**

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Dissolved organic matter (DOM) absorbance and fluorescence were used as optical 82 proxies to track terrestrial DOM fluxes through estuaries and coastal waters by 83 84 comparing models developed for several coastal ecosystems. Key to using these 85 optical properties is validating and calibrating them with chemical measurements, such 86 as lignin-derived phenols-a proxy to quantify terrestrial DOM. Utilizing parallel factor 87 analysis (PARAFAC), and comparing models statistically using the OpenFluor database 88 89 (http://www.openfluor.org) we have found common, ubiquitous fluorescing components 90 which correlate most strongly with lignin phenol concentrations in several estuarine 91 and coastal environments. Optical proxies for lignin were computed for the following 92 regions: Mackenzie River Estuary, Atchafalaya River Estuary (ARE), Charleston Harbor, 93 Chesapeake Bay, and Neuse River Estuary (NRE) (all in North America). The slope of 94 95 linear regression models relating CDOM absorption at 350 nm ( $a_{350}$ ) to DOC and to lignin, 96 varied 5-10-fold among systems. Where seasonal observations were available from a region, there were distinct seasonal differences in equation parameters for these optical 98 proxies. The variability appeared to be due primarily to river flow into these estuaries and 99 secondarily to biogeochemical cycling of DOM within them. Despite the variability, overall 100 101 models using single linear regression were developed that related dissolved organic 102 carbon (DOC) concentration to CDOM (DOC =  $40 \pm 2 \times a_{350} + 138 \pm 16$ ;  $R^2 = 0.77$ ; 103 N = 130) and lignin ( $\Sigma_8$ ) to CDOM ( $\Sigma_8 = 2.03 \pm 0.07 \times a_{350} - 0.47 \pm 0.59$ ;  $R^2 = 0.87$ ; 104 N = 130). This wide variability suggested that local or regional optical models should be 105 106 developed for predicting terrestrial DOM flux into coastal oceans and taken into account when upscaling to remote sensing observations and calibrations.

Keywords: CDOM absorbance, CDOM fluorescence, dissolved organic matter (DOM), lignin, carbon stable isotopes

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## INTRODUCTION

116 Terrestrial organic carbon (OC) flux from rivers and estuaries 117 into coastal oceans is on the order of 0.2 Pg C  $\mathrm{yr}^{-1}$  and constitutes 118 a major part of the oceanic carbon cycle (Raymond and Spencer, 119 2014). Absorbing and fluorescing properties of chromophoric 120 dissolved organic matter (CDOM) have been used to fingerprint 121 OC sources, and often to track terrestrial DOM fluxes into 122 the ocean (Coble, 2007). These optical properties can be used 123 as proxies for organic matter in such instances to calibrate 124 remote sensing observations from space and in deployed in 125 situ platforms (Mannino et al., 2008; Fichot and Benner, 2011; 126 Etheridge et al., 2014). In particular, ultraviolet (UV) absorption 127 has been used to quantify DOC and measure its quality (sources) 128 (Ferrari, 2000; Stedmon et al., 2000; Helms et al., 2008; Fichot and 129 Benner, 2011; Asmala et al., 2012). 130

Studies on terrestrial DOC fluxes from rivers into coastal 131 waters rely on strong correlations between DOC and lignin (e.g., 132 Hernes and Benner, 2003; Spencer et al., 2008; Walker et al., 2009; 133 Fichot and Benner, 2012). In terms of estuarine and coastal ocean 134 biogeochemistry, this work has mainly been restricted to large 135 rivers and to delta front estuaries (Raymond and Spencer, 2014). 136 Both CDOM and lignin have been studied widely in estuaries 137 separately, but rarely together (e.g., Osburn and Stedmon, 2011). 138 This paucity of information complicates an understanding of 139 how estuarine processes modify terrestrial DOC during transport 140 to coastal waters. 141

In this work, we report on an analysis of CDOM, DOC, and 142 lignin measurements from six estuaries across North America: 143 the Atchafalaya River, the Mackenzie River, the Chesapeake Bay, 144 Charleston Harbor, Puget Sound, and the NRE. These six systems 145 represent a wide variety of estuaries in terms of their formation, 146 morphology, hydrology, and their geographical distributions, as 147 well as their catchment vegetation and land use. The aim of 148 this work is to determine efficacy of using CDOM properties to 149 predict DOC and lignin concentration across these six estuaries. 150 Both CDOM absorption and excitation-emission matrix (EEM) 151 fluorescence, modeled by parallel factor analysis (PARAFAC), 152 were evaluated. Finally, we assessed whether optical-chemical 153 linkages that underlie coupled optics-biogeochemical models can 154 be applied widely across different estuarine types. 155

### 156 157 **METHODS**

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### 159 Study Sites

Six North American estuarine and coastal systems were sampled 160 from 2003 to 2011 (Table 1, Figure 1; station coordinates, Table 161 S1). The Atchafalaya River Estuary (ARE) is a component 162 of the Mississippi-Atchafalaya River System (MARS) a major 163 component of the Gulf of Mexico. This river receives diverted 164 flow from the Mississippi River and thus reflects the Mississippi's 165 drainage. The Chesapeake Bay (CBE) is the largest estuary in the 166 continental United States and the largest system we studied. The 167 CBE has multiple river inputs and is heavily impacted by urban 168 and agricultural land use. Charleston Harbor (CBE) is a coastal 169 plain estuary dominated by three main river inputs (Ashley, 170 Cooper, and Wando). The Mackenzie River (MRE) is one of the 171



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Optical Proxies for DOM

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FIGURE 1 | Locations of locations of the six North American estuaries in this study. Clockwise from right: Chesapeake Bay (CBE), Neuse River (NRE), Charleston Harbor (CHE), Atchafalaya River (ARE), Puget Sound (PUG), and Mackenzie River (MRE).

largest rivers flowing into the Arctic Ocean and drains boreal 197 forest and Arctic tundra. The Neuse River Estuary (NRE) drains 198 into the largest lagoonal estuary in the United States, the Pamlico 199 Sound. The NRE receives drainage from the lower Piedmont 200 to Coastal Plain and, like CBE, has had chronic problems with 201 eutrophication. Puget Sound in the Pacific Northwest region of 202 the United States contains several deep fjords (e.g., Hood Canal) 203 and several small rivers. In this study, we includes samples from 204 Hood Canal, the Snohomish River, and the Straits of Juan de 205 Fuca, the latter which connect Puget Sound to the Pacific Ocean. 206 Thus, our data set cover estuaries sampled across wide geographic 207 and climatic regions. 208

There were more observations for the CBE and NRE than 209 the other systems. Most observations came from estuarine 210 environments although several samples came from coastal waters 211 across the continental shelf (with the exception of Puget Sound). 212 These seasonal samplings spanned a salinity range from 0 to 36. 213 Thus, the data set represents a range of river influences from weak 214 (Puget Sound) to strong (Atchafalaya and Neuse River Estuaries) 215 and hence captures most hydrologic conditions encountered in 216 estuaries. Only the NRE had a truly comprehensive seasonal 217 dataset covering spring, summer, autumn, and winter. Most 218 samples were collected from just below the water surface, 219 though some were collected at mid-depths either by pneumatic 220 pumps with Teflon tubing suspended at depth or by Niskin 221 bottles. Salinity was often different for these sub-surface samples 2.2.2 compared to their surface water counterparts so these samples 223 were treated separately. 224

Two events of note for these samplings are important to225mention. In July 2006, the Chesapeake Bay was sampled roughly2261 week after a period of intense summer squalls with increased227freshwater discharge to the Bay. Discharge of the Bay's main228

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TABLE 1 | Site description information for the estuaries and coastal waters in this study.

Location         Code         Environment           Atchafalaya River         ARE         Delta front estuary		Year(s) sampled	Season	No. of samples	Notes		
		Delta front estuary	2007	Spring	7	Data include the Louisiana-Texas shelf and possibly influenced by the Mississippi River	
			2011	Summer	14	Data are from Bianchi et al. (2011)	
Chesapeake Bay	CBE	Coastal plain estuary	2004	Spring	12	Includes observations from the Potomac River and oth major river mouths in the Chesapeake Bay	
				Summer	7		
			2005	Spring	15		
			2006	Summer	8	Samples collected after period of substantial rain the CBE watershed	
Charleston Harbor	CHE	Coastal plain estuary	2011	Summer	4		
Mackenzie River	MRE	Delta front estuary	2003	Summer	1	CDOM and DOC data from Osburn et al. (2009)	
				Autumn	1		
			2004	Spring	4		
				Summer	12		
Neuse River	NRE	Coastal plain estuary	2010	Spring	9		
				Summer	5		
				Autumn	11		
				Winter	6		
			2011	Winter	5	February only	
Puget Sound	PUG	Sound	2005	Autumn	8	Data include the Snohomish River, Dabob Bay, and the Straits of Juan de Fuca	

tributary, the Susquehanna River, measured at Conowigo, MD, approached 11,000 m<sup>3</sup> s<sup>-1</sup> (USGS gauge 01578310) and the Potomac River, measured near Washington, DC, approached 2300 m<sup>3</sup> s<sup>-1</sup> (USGS gauge 01646502). Mean annual flows for each river (2000-2014) were 1184 and 346 m<sup>3</sup> s<sup>-1</sup>, respectively.

The second event occurred in the Atchafalaya River basin whereby a flooding event in May 2011 required that the Morganza Floodway near Baton Rouge, be opened for the first time in 40 years, to prevent New Orleans from being flooded. More specifically, the floodway was opened on May 14, 2011 when the Mississippi River reached a flow of over 42,000 m<sup>3</sup>s<sup>-1</sup>, the highest flow recorded since floods of 1927.

### Optical Analyses

Absorbance and fluorescence were measured according to Osburn et al. (2009, 2012). Briefly, samples were filtered shipboard, refrigerated and analyzed within 3 weeks of each field effort. Absorbance (A) was measured on filtered samples, although two different filter sizes were used:  $0.2 \,\mu$ m filters prior to 2009 and  $0.7 \,\mu$ m filters after 2009. All samples were scanned from 200 to 800 nm against air and periodic MilliQ water blanks were scanned and subtracted from sample spectra. Samples were diluted if the absorbance in a 1-cm cell was greater than 0.4 at 240 nm. Absorbances at wavelength,  $\lambda$ , corrected for MilliQ water blanks were converted to Napierian absorption coefficients (a):

$$a(\lambda) = \frac{A(\lambda_{sample}) - A(\lambda_{blank})}{L} \times 2.303$$

This study focused on absorption at 350 nm ( $a_{350}$ ) to quantify CDOM absorption in comparison with previous work (Uher et al., 2001; Hernes and Benner, 2003; Lønborg et al., 2010; Spencer et al., 2013).

Two different fluorometers were used: a Shimadzu RFPC-5301 320 (samples before 2009) and a Varian Eclipse (samples after 2009). 321 The time lag between their usages precluded intercalibration of 322 their results, though the similarity in response to analyzing the 323 same standards or to Raman unit scaling has been reported (Cory 324 et al., 2010). However, data treatment for each instrument was 325 the same. Standard corrections for lamp excitation and detector 326 emission were applied, and afterward, corrections for the inner 327 filter effects were applied. Scanning was performed with an 328 excitation ranging from 250 to 450 nm (by 5 nm) and emission 329 ranging from 300 to 600 by at 1 nm resolution. Integration time 330 on the RFPC-5301 instrument was 0.2 s (e.g., Boyd and Osburn, 331 2004). On the Varian instrument, scanning was performed with 332 an excitation range from 240 to 450 nm in 5 nm increments 333 and an emission range of 300 - 600 nm in 2 nm increments. 334 Integration time on the Varian instrument was 0.125 s (Osburn 335 et al., 2012). Shimadzu fluorescence results were resized in Matlab 336 to match with Varian results over the excitation and emission 337 wavelength ranges. Finally, the results were calibrated first to 338 the water Raman signal of each instrument and then in quinine 339 sulfate units (QSU). All fluorescence data were normalized to 340 the total integrated fluorescence in each EEM prior to PARAFAC 341 (Murphy et al., 2013). 342

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### **DOC Analysis**

Dissolved organic carbon (DOC) and  $\delta^{13}C$ -DOC values were measured using wet chemical oxidation coupled with isotope ratio mass spectrometry (Osburn and St-Jean, 2007). Samples were acidified with 85% H<sub>3</sub>PO<sub>4</sub> in the field (if not frozen) and stored in the dark until analysis. Samples were pre-sparged with ultrapure helium to remove inorganic carbon prior to analysis. WCO-IRMS system was calibrated daily with IAEA standards of glutamic acid, sucrose, oxalic acid, and caffeine. Routine analysis of the University of Miami Deep Sea Reference DOC (DSR) for this methodology produced DOC concentrations of  $45 \pm 3 \,\mu M$ and  $\delta^{13}$ C-DOC values of  $-20.5 \pm 0.4\%$  (N = 11 for samples before 2008 and N = 32 for samples after 2008). Error on DOC concentrations by this method were <3% and reproducibility on  $\delta^{13}$ C-DOC values was  $\pm 0.4\%$ . 

### **Dissolved Lignin Analysis**

Lignin was extracted from DOM via passage over C18 cartridges that were either assembled in the laboratory or purchased pre-assembled (Mega Bond Elut cartridges) (Louchouarn et al., 2000; Kaiser and Benner, 2011). Samples were eluted from C<sub>18</sub> cartridges with methanol, dried and oxidized to release lignin-derived phenols into solution. Microwave oxidation was used for all samples following Goñi and Montgomery (2000), except ARE samples from 2011, which used oven oxidation (Bianchi et al., 2013). Samples were then acidified, recovery standards added, then extracted into ethyl acetate and dried prior to 

storage at 4°C. Prior to analysis, samples were re-dissolved into pyridine, derivatized with BSTFA+1% TMS, and then measured via gas chromatography-mass spectrometry. Calibration curves of 8 lignin derived phenols (vanillin, acetovanillone, vanillic acid, syringealdehyde, acetosyringone, syringic acid, p-coumaric acid, and ferulic acid) were used to quantify concentrations. Detailed methods for lignin analysis can be found in Osburn and Stedmon (2011), Bianchi et al. (2013), and Dixon (2014). 

## **Statistical Analyses**

Parallel factor analysis (PARAFAC) was conducted on EEMs from all estuaries in this study using the DOMFluor toolbox for Matlab (Mathworks, Natick MA) (Stedmon and Bro, 2008). Matlab statistical toolbox (releases spanning 2003 to present) was also used for other statistical tests.  $R^2$ -values are adjusted values and significance of regression models was tested at  $\alpha$  = 0.05. Principle components analysis (PCA) was conducted using the PLS Toolbox (Eigenvector, Inc., Seattle, WA) for Matlab. Autoscaling was used on variables measured prior to PCA. 

## RESULTS

## Summary Statistics for Each System

CDOM, DOC, lignin, and (when available)  $\delta^{13}$ C-DOC data 423 for each system are summarized as boxplots (**Figure 2**) and 424 presented in its entirety (Table S1). Note that  $\delta^{13}$ C-DOC values 425 were not available for ARE in summer 2011, and for some CHE 426





and NRE samples. Mean CDOM absorption at 350 nm (a350) was 457 highest for NRE (13.03  $m^{-1}$ ) and lowest for Puget Sound (0.90 458  $m^{-1}$ ). The CBE and CHE estuaries had  $a_{350}$  values between 2 and 459 3 m<sup>-1</sup> and the ARE and MRE estuaries had a<sub>350</sub> values between 460 3 and 5 m<sup>-1</sup> (**Figure 2A**). Mean DOC concentration for the NRE 461 was 680 µM whereas for the other estuaries DOC averaged ca. 462 250 µM (Figure 2B). PUG DOC values were overall the lowest of 463 the data set and averaged 90 µM. The NRE also had the highest 464 lignin concentration among the estuaries studied, with a mean 465  $\Sigma 8$  of 24.2 µg L<sup>-1</sup>, while PUG again had the lowest amount 466 of lignin (mean  $\Sigma_8 = 0.8 \,\mu g \, L^{-1}$ ) (Figure 2C). The mean  $\Sigma_8$ 467 concentrations for CBE, CHE, ARE, and MRE ranged from 3.5 to 468 4.3  $\mu$ g L<sup>-1</sup>. Both the CBE and NRE had more observations than 469 other systems, especially CHE and PUG. 470

Stable carbon isotope values exhibited ranges common to 471 estuarine environments and representing mixtures of terrestrial 472 and planktonic organic matter (Figure 2D). Typically, riverine 473 dissolved organic matter (DOM) values ranges from -26474 to -28%. By contrast, marine phytoplankton  $\delta^{13}$ C values 475 typically range from -22 to -18%, reflecting difference carbon 476 fixation sources than land plants. Median  $\delta^{13}$ C-DOC value 477 was  $-24.7 \pm 2.1\%$  which is typical of estuarine DOC (Bauer, Q11 478 2002; Bianchi, 2007). Median  $\delta^{13}$ C-DOC values for MRE and 479 CBE were -24.7 and -24.5‰, respectively-close to median of 480 the entire data set. Median  $\delta^{13}$ C-DOC values for ARE and PUG 481 were enriched at -23.8% and -23.0% respectively, suggesting 482 more planktonic inputs. CHE only had one observation of  $\delta^{13}$ C-483 DOM (-25.8%). NRE had  $\delta^{13}$ C-DOC values that were slightly 484 depleted relative to the median at -25.4%. Further, this system 485 exhibited the largest range of  $\delta^{13}$ C-DOC values (-22 to -28‰) 486 with the most frequent value of -26%. 487

### Trends with Salinity

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If coastal mixing between two end members (e.g., river and 490 ocean) is conservative, chemical constituent concentrations 491 plotted against salinity will exhibit a linear relationship. 492 Deviations from conservative linear mixing are then interpreted 493 to indicate biogeochemical cycling, for example, production or 494 consumption of a chemical constituent or optical property. We 495 examined trends in concentration of CDOM, DOC, and lignin 496 against salinity for our entire dataset considering this simple 497 mixing scenario. For the most part, linear trends with salinity 498 were found, even for multiple river inputs in systems such as CBE 499 (Figure 3). NRE had the lowest salinity range (0–20) but also the 500 largest seasonal variability probably due to the higher resolution 501 of sampling. 502

# Relationships Between CDOM Absorbance and Fluorescence

Many studies of CDOM and lignin have used a<sub>350</sub> to quantify 506 CDOM absorption, so this convention was used for the 507 remainder of the study with the understanding that primary 508 CDOM absorption is caused by conjugated systems such 509 as aromatic rings which have peak absorption near 254 nm 510 511 (Weishaar et al., 2003; Del Vecchio and Blough, 2004). We chose a350 following on the work of Ferrari (2000) and Hernes and 512 Benner (2003)-some of the first reported CDOM-DOC and 513

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CDOM-lignin relationships for coastal waters (Baltic Sea and Mississippi River plume, respectively). CDOM concentrations at  $a_{254}$  and  $a_{350}$  were highly correlated ( $R^2 = 0.96$ ; P < 0.0001; N = 130).

The PARAFAC model we fit to our entire dataset produced 554 four validated components, three of which exhibited humic-like 555 fluorescence (C1-C3) and one which was amino acid-like (C4) 556 (Figures 4A-D). Spectra for these components are presented 557 along with results of the split-half validation (Figure S1). These 558 components were matched against the OpenFluor database for 559 similarity with up to 75 PARAFAC models from a range of 560 aquatic ecosystems including boreal lakes, small and large rivers, 561 estuaries, coastal, and open ocean water. Component 1 (C1) 562 had excitation (Ex) maxima of 260 and 345 nm and emission 563 (Em) maximum of 476 nm (Figure 4A). This component closely 564 resembles soil-derived fulvic acids (Senesi, 1990). C2 had Ex/Em 565 maxima of 310/394 nm and this component has been surmised 566 as originating from microbial humic substances (Coble, 1996) 567 (Figure 4B). C3 had Ex/Em of 250/436 nm and resembles humic 568 substances (Figure 4C). C4 had Ex/Em of 275/312 nm which 569 is situated between the fluorescence maxima of tyrosine and 570

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(microbial humic); (C) C3 (terrestrial humic); and (D) C4 (protein-like).

tryptophan, both of which are prevalent in natural waters (Wolfbeis, 1985; **Figure 4D**).

Of interest in this study were matches to our model components of those in river, estuaries, and coastal waters. Criteria for matching components were set at 95% similarity and assessed through Tucker's Congruence Coefficient via TABLE 2 | Linear regression results between lignin concentration ( $\Sigma_8$ ) and DOC concentration for four estuaries in this study.

DOC concentration for four estuaries in this study.								
Estuary	Slope	Intercept	R <sup>2</sup>	P-value	N	Notes		
ARE	17.4	69	0.99	< 0.001	7	Spring		
MRE	18.2	81	0.98	0.005	4	Spring		
CBE	46.6	101	0.71	< 0.001	17	2004 data		
CBE	13.5	114	0.57	< 0.001	15	2005 data		
CBE	8.8	143	0.84	< 0.001	8	2006 data		
NRE	9.2	413	0.61	< 0.001	31	Outliers from		
						winter and spring		
						excluded (see text)		

The linear regression equation was  $DOC = \Sigma_8 \times Slope + Intercept$ .

the OpenFluor database. Matches of each component with components from models in the database are also provided (Table S2). The maximum fluorescence intensity (FMax) values for C1 were most strongly corrected to a350 values over the entire dataset  $(R^2 = 0.89; P < 0.001)$ . A stepwise multiple linear regression (MLR) was used to explore the importance of other components in explaining variation of a<sub>350</sub> (data not shown). C2 was highly correlated to C1, while C3 only improved the model by <1%, which suggested their removal from the regression equation. C4 was not significant (P = 0.126). 

### **Relationships Between DOC and Lignin**

DOC and lignin concentrations for the six estuaries showed a positive correlation (DOC = 17.05  $\pm$  1.04  $\times$   $\Sigma_8$  + 175  $\pm$ 18;  $R^2 = 0.68$ ; P < 0.001; N = 130) (Figure 5). Although linear, the  $R^2$ -value of this relationship suggests that roughly 30% of DOC was not explained by lignin concentration. Seasonal variability in these estuaries, observed in plots of DOC or lignin vs. salinity (Figures 3A-C), was evident in relationships between DOC and lignin for four estuaries where there were observations during more than one season (Table 2). Linear regressions for spring samplings in ARE and MRE produced correlation coefficients,  $R^2$ , >0.9. By contrast, CBE and NRE had much weaker correlations:  $R^2 = 0.57-0.84$  for CBE and  $R^2 = 0.61$  for NRE. CBE in particular showed seasonal variability represented as three regression lines for each of 2004, 2005, and 2006 were fit to the data and had much higher correlation coefficients than did the fit to all 3 years ( $R^2 = 0.35$ ). For NRE, a linear fit to all values produced a correlation coefficient similar to CBE ( $R^2 = 0.29$ ). DOC values >900  $\mu$ M were excluded from NRE and the regression analysis re-ran, producing a much better fit ( $R^2 = 0.61$ ; Table 2). 

### DISCUSSION

### Predicting DOC and Lignin Concentrations in Estuaries and Coastal Waters Using CDOM

The major aim of this study was to determine the extent to which a cross-system optical-biogeochemical model for DOM could be developed for hydrologically-variable estuaries. We

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anticipated that the variability of estuarine ecosystems would complicate the robustness of one simple model to describe DOC or lignin concentrations across a gradient of estuaries and adjacent coastal waters. Using simple linear regression, we found that CDOM concentration measured at 350 nm explained greater than 70% of the variance both in DOC and dissolved lignin concentrations (**Figures 6A,B**). The higher correlation coefficient for the CDOM-lignin model than the CDOM-DOC model suggested that CDOM is generally terrestrial in many different estuaries. Results from the Mississippi River plume and boreal estuaries support this suggestion (e.g., Hernes and Benner, 2003; Asmala et al., 2012).

In fact, a<sub>350</sub> serves as an excellent optical proxy for DOC for 715 many estuaries as seen for North American rivers (Spencer et al., 716 717 2012). In that study, the authors showed consistent patterns of strong linear trends between a254 and DOC and a350 and DOC 718 (see their Figure 5). That result was consistent with the linear 719 relationship between a350 and DOC found for the estuaries in this 720 study ( $R^2 = 0.77$ ; P < 0.001; N = 130). Regression of DOC 721 on  $a_{254}$  values produced similar results ( $R^2 = 0.76$ ; P < 0.001; 722 N = 130). Thus, it appears that general trends between optics 723 and chemistry can be modeled with some certainty. 724

CDOM absorption at a<sub>350</sub> also was an excellent proxy for 725 lignin for the six estuaries we studied ( $R^2 = 0.87$ ; Figure 6B). 726 Using  $a_{350}$ , Hernes and Benner (2003) found higher  $R^2$ -values 727 (0.98) for the Mississippi River plume, but their model was only 728 for one sampling in May 2000. Fichot and Benner (2012) found 729 positive linear relationships for lignin vs. a<sub>350</sub> for the Mississippi 730 River Plume in all seasons over 2009-2010 ( $R^2$ -values ranged 731 from 0.89 to 0.99) and noted a seasonality in the slope coefficients 732 for these relationships. 733

Intercepts of these types of regressions should be interpreted 734 with some caution (Stedmon and Nelson, 2014). For the CDOM-735 DOC relationship, the y-intercept value (139  $\mu$ M DOC) was 736 significantly different from zero (P < 0.001). This would suggest 737 that non-CDOM DOC in these estuaries approximates 140 µM 738 739 but one must be careful in that these regressions are sensitive to seasonality and hydrology (see below discussion on seasonal and 740 episodic variability). While Fichot and Benner found a robust 741



FIGURE 6 | Relationships between CDOM and (A) DOC (DOC =  $40 \pm 2 \times a_{350} + 138 \pm 16$ ) and (B) lignin ( $\Sigma_8 = 2.03 \pm 0.07 \times a_{350} + -0.27 \pm 0.59$ ), linking the optics and chemistry of DOM. Regression lines are shown along with correlation coefficients for the regression.

CDOM-DOC and CDOM-lignin models for the Mississippi River plume, variability in regression statistics for CDOM-DOC models in Finnish boreal estuaries led to the suggestion that regional or sub-system models might be necessary (Asmala et The latter study's results were consistent with the findings for the North American estuaries in this study.

### Fluorescence Indicated Dominant Influence of Terrestrial Sources of CDOM in Estuaries and Coastal Waters

Although CDOM absorption was a strong predictor for DOC and lignin, PARAFAC of EEM fluorescence provides a powerful means of characterizing DOC sources and prior work has shown good correspondence between fluorescence and lignin (Amon et al., 2003; Walker et al., 2009; Osburn and Stedmon, 2011) but also has identified planktonic fractions (Zhang et al., 2009; 791 Romera-Castillo, 2011; Osburn et al., 2012). For example, a 792 fluorescence component similar to our C3 was found to be 793 important for predicting terrestrial DOM flux from the Baltic 794 Sea though (Osburn and Stedmon, 2011). Combining that 795 component with a protein-like component similar to our C4, 796 those authors estimated terrestrial DOC flux from the Baltic 797 Sea using multiple linear regression (MLR). Recently, Osburn 798

et al. (2015) applied the same fluorescence-based approach to 799 modeling DOM dynamics in a small tidal creek system and found 800 very strong relationships between fluorescence and DOM ( $R^2 >$ 801 0.9). Thus, we were interested in determining how this PARAFAC 802 model, based on six estuaries (but weighted toward the CBE and 803 NRE in terms of the numbers of samples), would perform with 804 respect to identifying markers for terrestrial DOC (as lignin) and 805 for planktonic DOC (as amino-acid like fluorescence, Osburn 806 and Stedmon, 2011). 807

For this determination, stepwise MLR was run in a forward 808 mode in which only positive coefficients with P < 0.05 809 were allowed to enter the model. The rationale was that 810 811 to be predictive, fluorescence signals should have a positive relationships with lignin or with DOC. For lignin, we found that 812 FMax values for C1 predicted about 82% of variability in  $\Sigma_8$ 813 values ( $\Sigma_8 = -1.18 + 2.048 \times \text{FMaxC1}; P < 0.001; n = 130$ ). 814 The intercept was not significant. C2 had a negative coefficient 815 and was excluded which is sensible because this component 816 matched with microbial humic substances. C3 was not significant 817 in the model and C4 only increased the variance explained by 818 about 1%. Therefore, C1 served as our terrestrial DOM marker. 819

C1 matched with 7 models on the OpenFluor database-820 all suggestive of terrestrial humic substances. This component's 821 longwave emission properties (e.g., >450 nm) likely result from 822 highly conjugated aromatic material and resemble isolated fulvic 823 acids from soils and sediments (Senesi, 1990). C4 shared spectral 824 features with 8 models on the OpenFluor database from estuarine 825 and marine environments and, in each case, this component 826 was attributed to protein-like or amino acid-like fluorescence. 827 828 However, using partial least squares regression, Hernes et al. (2009) was able to demonstrate that fluorescence centered 829 as Ex/Em wavelengths near our C4 was best predictive of 830 831 lignin concentration. That result was not surprising given that lignin phenols originate as the fluorescent aromatic amino acid 832 phenylalanine (Goodwin and Mercer, 1972), but does indicate 833 the care that must be taken in calibrating fluorescence signals 834 for prediction of chemical quantities. With this consideration in 835 mind we next attempted stepwise MLR to use FMax values from 836 the PARAFAC model to predict DOC concentrations in these 837 838 estuaries.

MLR produced the following model:

$$DOC = 82.05 \times FMaxC1 - 112.53 \times FMaxC2 + 11.99 \times FMaxC3 + 38.88 \times FMaxC4 + 163.70$$
 (2)

FMax values for all components were significant in the model (Table 5). C1 explained the most variance. The coefficient for C2 was negative, which meant that as C2 fluorescence increased, DOC concentration decreased. This result suggested consumption of DOC by bacteria, and is consistent with the removal of terrestrial DOC in estuaries by bacteria (Moran et al., 2000; Raymond and Bauer, 2000; McCallister et al., 2004). C3 and C4, while significant, were less important in terms of their explanatory power in the model. Thus, as expected, the strongest linkage between optics and chemistry in the DOM of these six estuaries of this study was due to terrestrial organic matter. Overall, the MLR model demonstrated the importance of

terrestrial organic matter as a dominant component of the DOC sin these estuaries.

However, none of our four PARAFAC components matched 858 to the Osburn and Stedmon (2011) model components which 859 underscores the uncertainty in using fluorescence and provides 860 a clear example of the considerations needed when using 861 this approach. Universal models of fluorescence as a means 862 to quantify DOC sources are likely unattainable because 863 fluorescence properties are sensitive to biogeochemistry. For 864 example, photodegradation is well known to cause proportionally 865 more loss of fluorescence at longer excitation and emission 866 wavelengths that arise from the conjugation and aromaticity that 867 typify terrestrial CDOM sources (Boyle et al., 2009; Gonsior et al., 868 2009). Biodegradation, independently and in conjunction with 869 photodegradation, can also cause a variety of spectral changes 870 to fluorescence (Miller and Moran, 1997; Boyd and Osburn, 871 2004; Stedmon and Markager, 2005). Given the dynamics within 872 and among estuaries, it is not surprising that our fluorescence 873 results performed less well on hydrologically-variable estuaries 874 than did those of Osburn and Stedmon (2011) which focused on 875 one estuarine system. It is thus recommended that PARAFAC be 876 limited to local or perhaps regional modeling of estuarine DOM. 877

## Geographic Variability in CDOM-Lignin Relationships for Estuaries and Coastal Waters

The above discussion suggested ways in which both CDOM 883 absorption and fluorescence could be utilized to link optical and 884 chemical properties of estuaries and coastal waters both in terms 885 of quantification (absorption) and estimates of DOM sources 886 (fluorescence). PCA was then utilized to explore the optical and 887 chemical data of these six estuaries with respect to each other 888 (Figure 7). Ratios of syringyl lignin to vanillyl phenols (S:V) and 889 ratio of cinnamyl to vanillyl phenols (C:V) were included in this 890 analysis to identify plant tissue sources. FMax values for C2 were 891 removed from the analysis because of the high correlation with 892 C1. A 2-component PCA model explained 70% of the variance in 893 these data. 894

Loadings for optical and chemical variables measured for 895 these six estuaries showed interesting separation that supports 896 the strong connection between CDOM and lignin in them 897 (Figure 7A). Loadings for C1,  $a_{350}$ , DOC, and  $\Sigma_8$  all clustered 898 tightly in the lower right quadrant of the plot, closer to the PC1 899 axis than the PC2 axis and opposite of the loading for salinity. 900 This result supports the concept that control of DOC and CDOM 901 in these six estuaries was due to freshwater sources of terrestrial 902 organic matter in rivers flowing into them. PC1 thus may be 903 strongly tied to river flow; all CDOM, but especially C3, align with 904 this axis. 905

Loadings for latitude and C:V and S:V ratios align most closely with PC2 and suggested some geographic influence on the DOM quality across these estuaries. Loadings for latitude were strongly negative on PC2 while loadings for S:V and C:V were strongly positive on PC2. This result was sensible because vegetation in lower latitudes typically has much more angiosperms than the gymnosperms that dominate boreal and Arctic environments. 900

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FIGURE 7 | (A) Loadings plot for variables and (B) scores plots for samples resulting from a PCA of the optical and chemical data for the six estuaries studied. PC1 likely represented discharge while PC2 was linked to latitude.

Lignin quality across broad geographic gradients typically is reflected in these ratios (Onstad et al., 2000; Amon et al., 2012).

Scores for our samples clearly support the trends with freshwater (PC1) and with latitude (PC2) (Figure 7B). Scores for NRE were most positive on PC1 and NRE was the most freshwater dominated estuary of those in this study, with the highest CDOM, DOC, and lignin concentrations. By contrast, MRE had the most negative scores on PC2 reflecting the dominance of lignin in NRE by conifers which are depleted in cinnamyl phenols and thus C:V ratios are near zero. Similarly PUG scores were negative on PC2 representing the influence of mainly coniferous vegetation around the PUG and Snohomish River watersheds. However, CBE fell near the mean of the data 964 set likely reflecting large land use gradients in its watershed of 965 this temperate estuary. 966

The PCA suggested PARAFAC provided little distinction between these estuaries which was consistent with a recent study of Arctic rivers (Walker et al., 2013). However, C4 fluorescence

was more closely related to plant tissue type as indicated by 970 loadings FMax values for C4, S:V, and C:V ratios that were 971 positive both on PC1 and PC2. This could indicate that these 972 lower latitude estuaries have more angiosperm and non-woody 973 tissue producing this signal (Hernes et al., 2007). For example, 974 tidal pulsing exported higher molecular weight, more aromatic 975 and CDOM-rich marsh-derived DOC to the Rhode River sub-976 estuary of CBE (Tzortziou et al., 2008). Therefore, we may 977 expect that more lignin also was exported from the marshes 978 adjacent to the estuaries we studied. Most of our study sites were 979 in temperate climates dominated by Spartina marsh plants-980

## Seasonal and Episodic Variability in Optical Proxies for DOM within Specific Estuary Types

angiosperm grasses which would be enriched both in syringyl

(S) and cinnamyl (C) phenols relative to vanillyl (V) phenols.

Alternatively, these lower-latitude systems might coincidentally

be more productive than the higher latitude systems. For

example, one caveat to our results suggesting C4 is correlated to

plant tissue type is that an unequal number of observations were

made across six different systems and data for these cross-system

regressions were dominated by CBE and NRE-both meso- to

eutrophic estuaries (Paerl et al., 2006).

Fichot and Benner (2014) have developed remarkably 995 consistent models relating CDOM absorption to lignin phenol 996 concentration in surface waters from a large delta front estuary 997 system we examined in this study, the MARS, of which ARE 998 is a component. They noted seasonal variability of DOM in 999 freshwater end members of these large river systems, and 1000 attributed most of that to seasonal variability in discharge. 1001 Asmala et al. (2012) also found substantial variability in 1002 CDOM-DOC relationships for boreal estuaries. The Mississippi-1003 Atchafalaya system is similar to the MRE whereas the boreal 1004 estuaries were similar to the coastal plain-type estuaries, NRE 1005 and CBE. 1006

The strongest control on CDOM and DOC in the estuaries we 1007 studied was river flow, which contributed CDOM-rich terrestrial 1008 DOM to these estuaries and their coastal waters. This was evident 1009 because of the linear relationship between CDOM and DOC 1010 and CDOM and lignin that we found across multiple estuary 1011 types (Figures 6A,B). For the CDOM-lignin relationship, the y-1012 intercept value  $(-0.50 \,\mu g \, L^{-1})$  was not significantly different 1013 from zero (P = 0.503). This result suggested that the vast majority 1014 of CDOM in these estuaries originated from terrestrial sources. 1015 CDOM absorption at wavelengths >300 nm is primarily due to 1016 conjugated molecules such as lignin (Del Vecchio and Blough, 1017 2004). Therefore, it makes sense that in estuaries and coastal 1018 waters where rivers and coastal wetlands contribute DOM, this 1019 material will be highly conjugated and chromophoric (Raymond 1020 and Spencer, 2014). 1021

Variable hydrologic regimes are well known to influence 1022 concentrations and relationships of CDOM, DOC and lignin 1024 (Hernes et al., 2008; Saraceno et al., 2009; Spencer et al., 2010). 1025 For example, both CDOM and DOC doubled in concentration 1026

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during the flushing hydroperiod of the tropical Epulu River (NE Congo) compared to the post-flush period, while  $\Sigma_8$  values

tripled (Spencer et al., 2010). Discharge values for the major rivers flowing into the MRE, ARE, NRE, and CBE are listed in Table S3.

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<sup>1139</sup> 1140



We found corroborating evidence of hydrologic variability in optical-biogeochemical models within estuaries for ARE, MRE, CBE, and NRE that was seasonal and episodic (Figures 8A-H). We do not extend our analysis of relationships beyond linear regression models as Fichot and Benner (2014) have done for DOC-normalized results; rather, we focus on the basic CDOM, DOC, and lignin measurements that can be used in a first order optical algorithm for satellite retrievals of properties related to ocean color (Mannino et al., 2008; Tehrani et al., 2013). These 1186 are expressed as either DOC or  $\Sigma_8$  as a function of  $a_{350}$ . Further 1187 some concern about collinearity of the Fichot and Benner models 1188 has been raised (Asmala et al., 2012). Our subsequent analysis of 1189 seasonal trends exclude CHE and PUG for which we have too few 1190 observations. 1191

For MRE, spring and summer distinctions were clear in the relationships between CDOM and DOC or CDOM and lignin that coincided with the spring flush of freshwater from Arctic rivers (**Table 3** and Table S3). For example, in MRE, far more CDOM, DOC, and lignin were found in June just after the freshet as opposed to late August when the river had returned to base

flow (Figures 8A,B). This pattern is common of Arctic rivers 1198 which deliver the majority of DOM during the freshet (Amon 1199 et al., 2012). Larger concentrations of  $\Sigma_8$  during spring indicates 1200 that this also is the case for ARE. Spring meltwaters in the upper 1201 Midwest US might similarly create a freshwater pulse leading to 1202 high discharge of the entire Mississippi-Atchafalaya system as 1203 suggested by the results of Fichot and Benner (2012). Therefore, 1204 in LDEs the large river flow forcing in these systems and could 1205 exhibit seasonally predictable patterns. 1206

In contrast to ARE and MRE, which are both large delta front 1207 estuaries that extend well into coastal waters, NRE is a smaller, 1208 microtidal system with a long residence time between 20 and 1209 120 days (Pinckney et al., 1998). However, like ARE and MRE, 1210 NRE is heavily riverine influenced, though this estuary exhibited 1211 a 3-fold range in CDOM, DOC, and lignin concentrations at 1212 the freshwater end member (Figure 3; Table S1). Variability of 1213 the NRE data around the regression line describing the general 1214 CDOM-DOC relationship we found for the estuaries in this study 1215 was the greatest and suggested some change in either the source 1216 or quality of DOM entering the NRE annually (Figure 6A). 1217

The influence of discharge on CDOM, DOC, and lignin 1218 patterns across the NRE was further investigated (Figures 9A-C). 1219 River discharge to the NRE at Ft. Barnwell, NC, (USGS Station 1220 02091814) was averaged for the 7 days prior to the sampling date 1221 on which the observations were made (Table S3). It was clear that 1222 high river flow contributed more CDOM, DOC, and lignin into 1223 the NRE than at lower flow. At lower flows ( $Q = 26-70 \text{ m}^3 \text{ s}^{-1}$ ) 1224 CDOM decreased downstream but DOC and lignin were rather 1225 constant. This pattern changed substantially when Q = 123.71226 m<sup>3</sup> s<sup>-1</sup> at Ft. Barnwell and concentrations of CDOM in the 1227 NRE doubled whereas concentrations of DOC and lignin nearly 1228 tripled. Thus, it is not surprising that the NRE data, which are 1229 roughly monthly over a 12-month period, captured the variability 1230 in high and low flow regimes. The change in DOM quality was 1231 somewhat larger than the load of terrestrial DOM as evidenced by 1232 the higher  $R^2$ -value of the CDOM-lignin relationship as opposed 1233 to the CDOM-DOC relationship (Figures 6A,B). 1234

In addition to seasonal variability, we had two examples 1235 of episodic loadings of terrestrial DOM into estuaries from 1236 high periods of rainfall that also contributed to deviations 1237 from general trends found in this study. In summer 2011, a 1238 flood in the Mississippi River basin delivered historically higher 1239 amounts of DOC to the coastal Gulf of Mexico (Bianchi et al., 1240 2013). This resulted in large amounts of CDOM and lignin, as 1241 well (Figures 8C,D). Overall DOC concentrations were higher, 1242 illustrating how climate can perhaps increase the transfer of 1243 terrestrial DOC to coastal waters (Table 3). Other work in the 1244 northern Gulf of Mexico has shown that coastal marshes are a 1245 significant source of dissolved lignin to the estuaries and very 1246 shallow inner shelf regions (Bianchi et al., 2009), but not likely to 1247 the broader shelf areas (Fichot et al., 2014). Coastal marsh DOM 1248 could be mobilized as well during storm events. Large loads of 1249 terrestrial DOM have been shown to be delivered to the NRE by 1250 its watershed during tropical storms (Paerl et al., 1998; Osburn 1251 Q12 et al., 2014). 1252

In June 2006, summer squalls produced heavy rainfall in the 1253 mid-Atlantic United States leading to 6- to 10-fold higher river 1254

TABLE 3 | Parameter estimates (Est.) for linear regression models (DOC or  $\Sigma_8 = m \times a_{350}$ +b).

Estuary	Season	DOC	Est.	SE	adj R <sup>2</sup>	P-value	Σ8	Est.	SE	adj R <sup>2</sup>	P-valu
MRE	Spring	b	82	2	0.99	<0.001	b	0.22	1.27	0.98	0.881
MRE	Spring	m	41	1		< 0.001	m	2.24	0.18		0.006
<b>I</b> RE	Summer	b	68	25	0.84	0.017	b	-0.21	0.65	0.79	0.75
/RE	Summer	m	69	8		< 0.001	m	1.55	0.22		<0.00
ARE	Spring	b	59	11	0.98	< 0.001	b	-0.52	0.62	0.98	0.44
ARE	Spring	m	39	2		< 0.001	m	2.24	0.14		<0.00
ARE	Summer	b	181	35	0.87	< 0.001	b	-0.74	3.04	0.37	0.81
ARE	Summer	m	29	3		<0.001	m	1.49	0.63		0.01
NRE	Spring, Summer, Autumn	b	477	153	0.35	0.010	b	-1.46	5.48	0.80	0.79
NRE	Spring, Summer, Autumn	m	24	9		0.019	m	2.17	0.31		<0.00
NRE	All	b	403	88	0.32	<0.001	b	-1.79	3.15	0.74	<0.00
NRE	All	m	24	6		<0.001	m	2.10	0.21		< 0.00
CBE	Spring	b	44	20	0.74	0.034	b	-0.19	1.53	0.29	0.90
CBE	Spring	m	81	9		<0.001	m	2.47	0.72		0.00
CBE	Summer	b	117	27	0.49	0.001	b	-1.29	1.49	0.61	0.40
CBE	Summer	m	36	10		0.005	m	2.47	0.56		0.00
CBE	All	b	105	15	0.61	<0.001	b	-2.47	1.04	0.64	0.02
CBE	All	m	46	6		< 0.001	m	3.51	0.41		< 0.00

1277 "SE" is the standard error of the regression parameter, "adj R<sup>2</sup>" is the adjusted correlation coefficient for the regression. "All" means the regression was carried out for all season (NRE 1278 and CBF only)

1279 discharges to the CBE (Table S3). We had two observations each 1280 of CDOM, DOC, and lignin in the Potomac River, a sub-estuary 1281 of CBE, to provide a contrast of terrestrial DOM inputs between 1282 spring and summer (Figures 8G,H). These observations are titled 1283 "Flood" Figures 8G,H and demonstrate proportionally higher 1284 amounts of CDOM per unit DOC and lignin, respectively. These 1285 observations underscore the higher CDOM, DOC, and lignin 1286 values observed in the freshwater inputs to CBE (Figures 3A-C). 1287

Finally, episodic variability in CDOM-DOC relationships 1288 for some estuaries could be linked to autotrophic sources of 1289 DOM within estuaries. NRE and CBE experience periodic, yet 1290 chronic, eutrophication caused by excessive nitrogen loading 1291 from their watersheds (Paerl et al., 2006; Paerl, 2009). Primary 1292 production from algae can add DOC to the estuary but not lignin. 1293 Phytoplankton-derived, and microbially-transformed, sources of 1294 CDOM have been documented for many estuaries and coastal 1295 waters though uncertainty in the magnitude of this source exists 1296 (Stedmon and Markager, 2005; Romera-Castillo et al., 2011; 1297 Osburn et al., 2012; Stedmon and Nelson, 2014). Spring and 1298 autumn blooms in NRE could explain why intercepts of seasonal 1299 regression models for DOC vs. a<sub>350</sub> were often larger than in 1300 Q14 1301 summer and winter (Table 4; Pinckney et al., 1998). Estuarine systems in which long residence time allows for substantial 1302 primary production can add a planktonic component to the 1303 overall estuarine CDOM signal (Fellman et al., 2011; Osburn 1304 et al., 2012). Evidence of this phenomenon likely explains 1305 the NRE results which were the most variable of estuaries 1306 studied here. Intertidal production of DOC is probably low 1307 in this microtidal estuary, but was observed in the Gironde 1308 estuary, which also has internal production of CDOM, further 1309 complicating optical-biogeochemical models (Abril et al., 2002; 1310 Huguet et al., 2009). Together, for NRE, these effects caused a 1311

disruption of classic binary mixing between river and seawater that underlay the robust CDOM-DOC and CDOM-lignin relationships found by Fichot and Benner (2012) for the MARS.

Similar to NRE, the CBE exhibited large seasonal variability in 1340 CDOM-DOC and CDOM-lignin relationships. Direct evidence 1341 of phytoplankton production of CDOM in the Chesapeake Bay 1342 has been less well documented (Rochelle-Newall and Fisher, 1343 Q12 2002). CBE also has multiple sub-estuaries flowing into it and 1344 rivers of these sub-estuaries have 50-80% more DOC than 1345 the Susquehanna River, which is the main tributary to CBE 1346 (Raymond and Bauer, 2000). Thus, it was not surprising that 1347 seasonal and interannual variability were also important to this 1348 estuary. We lacked sufficient observations from the Potomac River and York River estuaries, which comprise large amounts of flow to the lower CBE. A focus on these systems might improve the overall picture with respect to CDOM, DOC, and lignin dynamics in the CBE as well as parse out commonalities among 1353 eutrophic estuaries in contrast to LDEs. 1354

### CONCLUSIONS

This work has narrowed the knowledge gap between CDOM-1358 DOC and CDOM-lignin relationships that have been developed 1359 for large rivers and coastal waters by focusing specifically on 1360 estuaries, which are notoriously heterogeneous. We found that 1361 both DOC and lignin can be quantified with CDOM absorption 1362 with roughly 75% certainty across several estuary types. CDOM 1363 fluorescence suggested that the dominant source of CDOM in 1364 the estuaries and coastal waters we studied was terrestrial inputs. 1365 Hydrologic variability in river flow appeared to be the dominant 1366 control on the linkage of CDOM and DOC we observed in these 1367 estuaries—and showed the major influence of terrestrial DOM. 1368

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It was beyond the scope of this study to compute yields of 1376 terrestrial (or planktonic) DOC from these estuaries, but the 1377 models developed may be scaled to remote sensing platforms 1378 in space and *in situ* observatories (e.g., Mannino et al., 2008; 1379 Etheridge et al., 2014; Osburn et al., 2015). Wide variability in 1380 the models among these estuaries thus suggested that local or 1381 regional models should be developed for prediction of terrestrial 1382 DOM fluxes into the coastal ocean using optical properties. A one 1383 size fits all approach is not appropriate for estuaries collectively, 1384 but possible for classes of estuaries (e.g., large delta front vs. 1385 coastal plain) (Asmala et al., 2012). Upscaling to remotely sensed 1386 observations are entirely possible yet must require optimization 1387 of basic equations based on calibration and validation data sets. 1388 Results from such work will continue to spur new questions, 1389 hopefully integrating other disciplines, such as meteorology and 1390 climatology, and ultimately leading to a greater understanding of 1391 organic matter sources and cycling in coastal waters. 1392

## AUTHOR CONTRIBUTIONS 1395

<sup>1396</sup> CO conceived of this manuscript, analyzed data, and lead the
<sup>1397</sup> writing. TB provided data analysis, co-wrote, and assisted in data
<sup>1398</sup> collection. MM and RC co-wrote and assisted in data collection.
<sup>1399</sup> TB and HP contributed data and co-wrote.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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